

CAREGiver's Companion

Inspiration for Home Instead CAREGivers



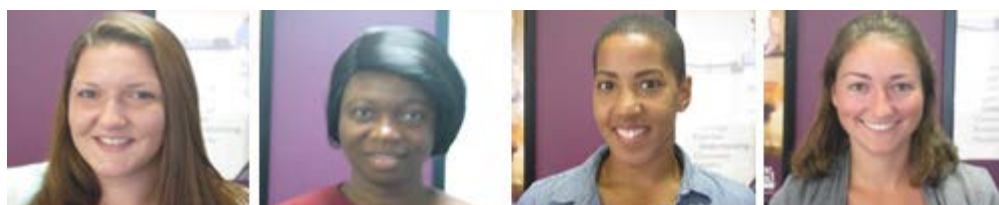
CAREGiver Monthly September 2018

A Warm Welcome to our New CAREGivers!

(names listed from left to right)



Elizabeth A-B - Zaria M - Cheryl L - Jeannette M



Cassie B - Eunice O - Lucinda D - Courtney S

Not Pictured: Sarah M - Kaylan C

Kudos for CAREGivers

Robert C. son of George C. wanted the office to know that his father is very appreciative of CAREGiver Kaylan C. She is well liked and she does a very good job.

Stanley R. wanted everyone to know that he appreciated all that the CAREGiver team did for his wife Andrea.

Mr. B. also wanted his CAREGiver team to know how much they were appreciated.

The family of Jennie O. let us know that Kaylan C. did a wonderful job with their mother during her last days.

Lisa and Marya M, daughters of Shirley M were very thankful for the team working with their mother. They came for a visit and August and were very

impressed with everyone they came in contact with.

Bobbi Toth, Service Coordinator wants to thank Suzanne A's. Team for always stepping up and filling in shifts when another one of their team members is not available. This team really works together for the best interests of their client.



CAREGivers Celebrating their Birthdays!

September 20 - Bernie H.
September 26 - Fausto G.
September 26 - Mirriem K.
September 28 - Caroline L-G.
September 30 - Theresa K.
October 4 - Bob M.
October 5 - Cynthia N.
October 9 - Kim A.
October 9 - Sheila E.
October 9 - Amanda E.
October 11 - Sharon S.
October 13 - Lisa W.
October 15 - Audra S.
October 16 - Selena H.
October 20 - Elizabeth D.
October 20 - Angela O.

September CAREGiver Meeting

Thank you to everyone who was able to make it to the CAREGiver meeting this month.

The focus of the meeting/meetings was Alzheimer's and other Dementia's. We watched some great videos that are found on youtube.com and then discussed personal experiences with family members/clients who suffer from ALZ and other Dementias.

We also reminded everyone that we are walking in the WALK TO END ALZHEIMER'S as a team on Sunday, October 14, 2018 at Pratt and Whitney Stadium at Rentschler Field.

This is a wonderful event and we encourage you to join us in the walk or to please

make a donation. You can join our team or make a donation by following this link:

[Donate Online](#)

If you were unable to attend one of the meetings please contact Karen Johnson to get information of Bonus programs and new policy updates.

The following CAREGivers were recognized:

One Year of Service: Loretta D., Caroline H., Tim P., Catherine J-L., Cheri B., Barbara K., Michelle C., Cynthia N.

Two Years of Service:

Liz O., Maria L-A., Fiona N.

Three Years of Service:

Donna C., Sheila E.

Four Years of Service:

Melanie M., Audra S.

Seven Years of Service:

Sharon H., Anna G.

Nine Years of Service:

Carole K.

One Thousand Hours worked:

Anastacya D., Barbara K., Darla L., Kaylah M., Jennifer P., Tim P., Phyllis S.

Two Thousand Hours worked:

Susan C., Loretta D., Elizabeth L., Maria L-A., Carol M., Annette S-G

Three Thousand Hours worked:

Michael A-D., Kim A., Amy B., Janet G., Fausto G.

Four Thousand Hours worked:

Rosimar A., Melissa F., Betty M.

Eight Thousand Hours worked:

Christina B., Marjorie I.

Fourteen Thousand Hours worked:

Caroline Enes

Six Thousand Hours worked:

Lisa W.

Eleven Thousand Hours worked:

Elaine C., Theresa K.

SAVE THE DAY WINNERS:

Mirriem K.

Christina B.

Theresa K.

Phyllis S.

Sxiana C.

Melanie M.

SPOT AWARD

Elizabeth L.



Join Our Team

October 14, 2018: 8:30am

Pratt and Whitney Stadium at Rentschler Field

Hello;

This year, the office staff of Home Instead Senior Care in Tolland, CT is participating in the Alzheimer's Association Walk to End Alzheimer's®, the world's largest fundraiser to fight the disease. Currently, Alzheimer's can't be prevented, cured or even slowed. But what if one day it could? Join us and more than 500,000 participants in communities across the country to help make that beautiful day happen.

We are walking Sunday, October 14, 2018 at Pratt and Whitney Stadium at Rentschler Field. Registration begins at 8:30am and the walk begins at 10:00am. Registration is

easy; simply visit our [participant page](#) and join our team. All the money we raise benefits the care, support and research efforts of the Alzheimer's Association®.

Even if you cannot walk with us please join our team and make a donation. A donation of just \$5.00 can go a long way to help fight this horrible disease. Together, we can end Alzheimer's disease.

Thank you!

Sincerely,

Karen Johnson Retention Coordinator 860-896-5295

Karen.johnson@homeinstead.com



October Training Schedule



Tuesday, October 2nd: ALZ Training

1:30pm-5:pm

Wednesday, October 3rd: PCA Training

9:00am-4:00pm

Monday, October 8th: Chronic Conditions

9:00am-11:00am

Thursday, October 11th: ALZ Training

9:00am-1:30pm

Tuesday, October 16th: ALZ Training

1:30pm-5:00pm

Wednesday, October 17th: PCA Training

9:00am-4:00pm

Monday, October 22nd: Hospice Training

10:00am-1:00pm

Thursday, October 25th: PCA Training

9:00am-4:00pm

Please contact Nicole Violette @ Nicole.violette@homeinstead.com with any questions. Class dates and times are subject to change based on a class size quota.



Clients Celebrating Birthdays this Month

AUGUST 8 - **Pat M., 90**

SEPTEMBER 16 - Leah C. **101**

SEPTEMBER 20 - Austin M. **75**

OCTOBER 4 - Frances P. **96**

OCTOBER 13 - Nancy W. **88**

OCTOBER 14 - Grazina M. **90**

OCTOBER 15 - May M. **91**

OCTOBER 20 - David F. **92**

Clients who are no longer with us



Deaths in July:

Andrea Rosenstein – July 11, 2018 – Andrea passed away after a long battle with Alzheimer's Disease. She leaves her husband of 50 years, who cared for her at home, until she required more assistance. A brilliant woman who taught for many years, who loved to read, cook, and go for walks, will be greatly missed by all who knew her.

Debbie Ross – July 26, 2018 – Debbie was one of our CAREGivers. She worked with us for about 6 months and was a good CAREGiver to her clients.



Deaths in August:

Robert O'Connell – August 2, 2018 – Bob passed away very suddenly after a long battle with Alzheimer's Disease. Always kind, with a great story, beneficial life lessons and a smile, he leaves his beloved wife Peg. After teaching for many years he retired, and became very involved in the community.



Deaths in September:

Jennie Oullette – September 9, 2018 – Jennie passed away surrounded by her family after a brief illness. A dedicated mother and wife, Jennie was a kind, sweet, caring soul who always put others' needs before her own, even in her final moments. Friends, colleagues and extended family will remember her for faithfully acknowledging those special moments in their lives with a heartfelt greeting card.

Felix McDonald – September 11, 2018 – Felix passed away suddenly after a brief illness. He leaves behind his beloved wife of 59 years, Christina. They left everything in Ireland and came to America to start a new life, where he worked as a butcher for many years. Always a man on a mission, loved to tell stories of days gone past. He will be missed by many here in the U.S. and in Ireland.

Chauncy Rucker – September 12, 2018 – Chauncy passed away after a long battle with Alzheimer's Disease. He leaves behind his beloved wife, Nancy.

Earn a Referral Bonus: Help Us Recruit CAREGivers like you.



We are changing the way we award the referral bonus. Now you will still receive up to \$300.00 but in \$50.00 increments. For every 50 hours your referral works you will receive \$ 50.00 up to \$300.00.

You know what it takes to care for seniors, so we welcome your recommendations! Help us build our CAREGiver Team by recruiting your friends.

This month Amber B. received her third \$300 bonus for referring Khelley S.!

If you know of someone please ask them to fill out an application at Homeinstead.com/713/Home-Care-Jobs or contact Dana Maranos at 860-896-5295.

Thank you for your help in building our amazing CAREGiver team!



Tips to Beef Up Your Alzheimer's & Dementia Knowledge

September is World Alzheimer's Awareness Month and September 21 is World Alzheimer's Day. As a CAREGiverSM you know firsthand how Alzheimer's disease affects seniors and their families. The Home Instead Senior Care[®] network is committed to raising Alzheimer's awareness and funds to end this disease.

Until there is a cure, we have education to share that can help seniors and their families navigate this disease together. This month we've created a resource-packed newsletter to boost your Alzheimer's and dementia knowledge to help you and the families you work with feel more confident on this caregiving journey.

1. Keep Learning! Great learning opportunities and resources are available to you. Here are a few suggestions:

- [Bookmark the Alzheimer's Learning Day website for a plethora of educational resources that you can refer to when needed.](#)
- [Read about dementia symptoms and stages.](#)
- [Get the latest facts and figures on Alzheimer's from the Alzheimer's Association](#)
- [Get quick tips on how to cope with common dementia behaviors](#)

2. Become a Certified CAREGiver. Home Instead provides Alzheimer's and dementia training to prepare CAREGivers for situations that may arise while working with dementia clients. Talk with your general manager or owner to learn more and see when

the next training opportunity is.

3. Get Involved!

- [Join one of our Home Instead Senior Care® Walk to End Alzheimer's teams or start your own!](#)
- Celebrate World Alzheimer's Day with the first [Remember for Alzheimer's Facebook live event](#): **September 21 at 12pm CDT**. Join Lakelyn Hogan, gerontologist and caregiver advocate for Home Instead Senior Care, to learn about new Alzheimer's and dementia research, emerging trends, caregiver support, professional development and more.

4. Go the Extra Mile! Find online communities you can visit to learn more and share with families who may be looking for support or resources. A few to consider include:

- [HelpforAlzheimersFamilies.com](#) and its corresponding Facebook page [Remember for Alzheimer's](#) is backed by Home Instead and is designed for caregivers to connect and find answers to common questions.
- [Alzheimer's Association](#) includes the latest facts, research, local resources and fundraising opportunities.
- [Alzheimer's Disease International](#) includes research and learning from a global perspective.
- [Dementia Australia](#) is a great resource for explaining dementia to children and teens.

By educating yourself on a variety of dementia's many aspects, you're taking a big step toward improving your Alzheimer's care techniques and sharing helpful resources with family members coping with this challenging disease. Thank you for all you do as a CAREGiver to change the face of aging.

If you'd like to share your experience when working with a client living with Alzheimer's or dementia, email your thoughts to newsletter@homeinsteadinc.com.* We welcome additional feedback or suggestions for this newsletter as well!

Was this article helpful to you?





*Disclaimer: Please call your franchise office with specific client-related information, issues or concerns. Use newsletter@homeinsteadinc.com to publicly share ONLY newsletter feedback.



Heart of a CAREGiver

Do you know someone who would make a great CAREGiver?

You know what it takes to care for seniors, so we welcome your recommendations! Invite that caring, compassionate individual to apply at www.homeinstead.com/713/home-care-jobs.

Contact Us

Tolland Home Instead Senior Care

(888) 576-1937

jane.downing@homeinstead.com



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This newsletter is designed ONLY for CAREGivers within the Home Instead Senior Care network. You are receiving this email because you are a valued CAREGiver and we wanted to connect you with tips & Resources



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